

Our High School Girls Get Job Readiness Skills Through New Program

A group of Lake Worth West high school girls is learning job readiness skills and getting mentoring to prepare them for the future – thanks to a new program organized by Dress for Success Palm Beaches and funded by Children’s Services Council of Palm Beach County.

The eight-session program, called Next Step, is designed to help junior and senior girls gain a sense of self-esteem and self-worth so they are ready for the job market.

Rhonda Rogers, our executive director, said Next Step complements Lake Worth West’s College Prep program, which prepares high school students for the rigors of college life. She said about 10 low-income Latino girls are participating in Next Step.

“This is a tremendous addition to preparing our students for the future,” Rogers said.

The sessions, which started on Oct. 30 and will through Dec. 18, include:

- How to look for a job, resume writing, and effective job applications
- Networking and how to utilize resources in the community in a job search
- Preparing for an interview – what to wear, how to act, and how to answer common questions
- Setting short and long-term goals and using time-management to reach those goals
- Money management and balancing a basic budget
- Etiquette for professional and personal setting

Students completing Next Step will also get to consult with a personal shopper at Dress for Success boutique who will help them select workplace attires.

Lake Worth West is grateful to Dress for Success Palm Beaches for organizing the program and for Children's Services Council for funding it through the Great Ideas initiative.

Interested in learning more? Contact Betsy Smith at: Iwwcollegeprep@gmail.com or 561-598-3574.